

# June 2021



| Sunday | Monday  | Tuesday                               | Wednesday   | Thursday           | Friday | Saturday | NOTES   |
|--------|---|---------------------------------------|---|--------------------|--------|----------|---|
|        |   | 1                                     | 2   | 3                  | 4      | 5        | <p>*Freshmen schedule is the same as varsity unless stated otherwise</p> <p>all player activities can start no earlier than 6/21</p> <p>the player's meeting on 6/15 is for varsity and JV only</p> |
| 6      | 7   | 8                                     | 9   | 10                 | 11     | 12       |   |
| 13     | 14  | 15                                    | 16  | 17                 | 18     | 19       |   |
|        |   | Player Meeting- 4pm<br>Home Bleachers |   |                    |        |          |   |
| 20     | 21  | 22                                    | 23  | 24                 | 25     | 26       |   |
|        | 7-10am: Weightroom  | 7-10am: Weightroom                    | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom |        |          |   |
| 27     | 28  | 29                                    | 30  |                    |        |          |   |
|        | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom                    | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice |                    |        |          |   |

# July 2021



| Sunday | Monday  | Tuesday   | Wednesday   | Thursday  | Friday             | Saturday | NOTES   |
|--------|---|---|---|---|--------------------|----------|---|
|        |   |   |   | 1   | 2                  | 3        | *Freshmen schedule is the same as varsity unless stated otherwise               |
|        |   |   |   | 7-10am: Weightroom  |                    |          |   |
| 4      | 5   | 6   | 7   | 8   | 9                  | 10       | Varsity/JV equipment distribution will be held on a date TBD at the end of July |
|        |   | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom  | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom |          |   |
| 11     | 12  | 13  | 14  | 15  | 16                 | 17       | school is closed July 5th. Observed Holiday                                     |
|        | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom  | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom  |                    |          |   |
| 18     | 19  | 20  | 21  | 22  | 23                 | 24       |   |
|        | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom  | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom  |                    |          |   |
| 25     | 26  | 27  | 28  | 29  | 30                 | 31       |   |
|        | 7-10am: Weightroom<br>7am: Offense Practice<br><b>7on7 @ Hun<br/>Time - TBA</b>       | 7-10am: Weightroom  | 7-10am: Weightroom<br>7am: Offense Practice<br>*Offensive players lift after practice | 7-10am: Weightroom<br><b>7on7 @ Hun<br/>Time - TBA</b>                                |                    |          |   |

# August 2021



| Sunday | Monday   | Tuesday                              | Wednesday                            | Thursday                               | Friday                                     | Saturday                         | NOTES  |
|--------|--|--------------------------------------|--------------------------------------|--|--|----------------------------------|--|
| 1      | 2  | 3                                    | 4                                    | 5                                      | 6  | 7                                | <p>*Freshmen schedule is the same as varsity unless stated otherwise</p> <p>8/9 - Official start of the football season and mandatory practice</p> |
| 8      | 9  | 10                                   | 11                                   | 12                                     | 13   | 14                               |  |
|        | Practice - 4pm<br><br>Freshmen equipment handout | Practice - 4PM                       | Practice - 4pm                       | Practice - 4PM                         | Practice - 4pm                             | Practice - 9am                   |  |
| 15     | 16   | 17                                   | 18                                   | 19                                     | 20   | 21                               |  |
|        | Scrimmage- 9am<br><br>@ Burlington Township      | Practice - 7am<br><br>Practice - 4pm | Practice - 4pm                       | Practice - 7am<br><br>Practice - 4pm   | Practice - 4pm                             | Scrimmage- 10am<br><br>Princeton |  |
| 22     | 23   | 24                                   | 25                                   | 26                                     | 27   | 28                               |  |
|        | Practice - 7am<br><br>Practice - 4pm             | Practice - 4pm                       | Practice - 7am<br><br>Practice - 4pm | Game Scrimmage- 6pm<br><br>@Notre Dame | Freshmen Scrimmage- 6pm<br><br>@Notre Dame | Practice - TBA                   |  |
| 29     | 30   | 31                                   |                                      |  |  |                                  |  |
|        | Practice - TBA                                   | Practice - TBA                       |                                      |  |  |                                  |  |